



Asthma Medication and Other Conditions requiring Medication Notification

It is a requirement of our doping procedures for all swimmers registered to take part in open competition, and who take regular medication for asthma, to send these details for inclusion on their registration record. It is important therefore that clubs ensure that members are aware of this requirement.

In addition to this it is now a requirement of FINA that information is notified to the Governing Body regarding medical conditions requiring the permanent use of a banned substance where there is no other substitute. As these conditions are less common (see list below) there is no general form to complete for this notification.

Following the receipt by the Governing Body of a medical certificate, a dispensation to swim in competitions up to National level may be given. Information will be issued on an individual basis including details for applying for dispensation to compete in international competition which requires further approval by the FINA Doping Control Review Body.

Swimmers or their parents should send the medical certificate, which must clearly indicate the name and address of the swimmer and their doctor, to the address below in an envelope marked "Notifiable Medication".

Conditions which may require notifiable medication

Medical Condition	Required treatment
Diabetes	Insulin injections
Growth disorders	Growth Hormone
Hormone deficient conditions of the pituitary gland or adrenal gland	Steroid treatment
Orthopaedic conditions	Intra articular steroid injections
Juvenile arthritis	Prednisolone
Behaviour problems	Ritalin
Renal failure	Erythropoetin

Notification must also be given on any other medical conditions requiring the permanent use of a banned substance where there is no other substitute. A copy of the ASFG B Doping Control Rules are available on request from ASA Customer Services

Asthma Forms

FINA and the IOC ban some asthma medications because they contain anabolic agents and/or stimulants and they require that all swimmers declare any asthma medication that they are taking. There are certain medications which are acceptable for controlling asthma and it is important therefore that ASFG B is sure that a swimmer is taking an approved medication and that they are using this for a legitimate purpose.

In order to ensure that our information is current, ***the swimmer is required to complete a form each year*** and clubs hold a small supply of forms for any swimmers who may need to complete this information. ***Swimmers should be aware that they must complete a new form if there is any change, at any time, in their medication.***

It is not possible to keep asthma details for swimmers who are not registered competitors, so forms should not be submitted for Category One members who are not yet able to compete in open events and whose individual details are not therefore registered.

It is important that all swimmers who compete in open competitions are aware of the these requirements and if they are taking medication for asthma understand the importance of completing the form. This is a responsibility that which falls to clubs - ignorance is no defence against a positive doping test.

Completed forms should be returned by the swimmer or their parent directly to the address below, in an envelope marked "Asthma". Additional Asthma forms are available from the ASA Registration Department.

**Any queries regarding medication should be directed to
Dr David Hunt tel 01773 872865 fax 01773 590979
or e-mail david@hunt.dr.freeserve.co.uk**

**If you have any queries regarding the administrative procedures, please contact
ASA Membership Services Department 01509-264357 or
customerservices@swimming.org**