



CUMBRIA COUNTY CHAMPIONSHIPS

CUMBRIA COUNTY AGE GROUPS

2023

QUALIFYING TIMES

Girls

	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15</u>	<u>16/OV</u>
50 Freestyle	00:44.50	00:42.50	00:39.50	00:37.20	00:35.50	00:33.90	00:33.70
100 Freestyle	01:55.40	01:51.40	01:25.50	01:19.90	01:16.30	01:14.20	01:12.70
200 Freestyle	04:02.60	03:54.60	03:09.80	02:57.60	02:49.20	02:42.70	02:39.80
400 Freestyle	08:06.00	07:50.00	06:54.70	06:14.40	05:56.10	05:44.10	05:36.00
800 Freestyle			13:11.00	12:51.00	12:15.00	11:49.50	11:33.50
1500 Freestyle			23:35.00	23:05.00	21:58.50	21:14.00	20:44.50
50 Breaststroke	00:59.10	00:57.10	00:53.00	00:49.70	00:47.10	00:45.40	00:43.90
100 Breaststroke	02:21.00	02:17.00	01:55.50	01:46.70	01:41.20	01:37.40	01:34.20
200 Breaststroke	04:58.00	04:50.00	04:11.80	03:51.70	03:39.40	03:31.00	03:24.50
50 Butterfly	00:57.60	00:55.60	00:45.00	00:42.30	00:40.10	00:38.50	00:36.70
100 Butterfly	02:24.00	02:20.00	01:44.00	01:34.60	01:29.70	01:26.30	01:23.90
200 Butterfly	04:58.00	04:50.00	03:54.90	03:30.40	03:17.30	03:08.70	03:02.40
50 Backstroke	00:54.20	00:52.20	00:45.80	00:42.90	00:41.50	00:40.20	00:38.30
100 Backstroke	01:50.40	01:46.40	01:38.20	01:29.80	01:24.90	01:22.50	01:20.30
200 Backstroke	04:23.00	04:15.00	03:40.90	03:21.40	03:11.60	03:05.30	02:59.80
100 Individual Medley	01:57.20	01:53.20	01:38.50	01:32.40	01:28.30	01:25.20	01:23.00
200 Individual Medley	04:08.00	04:00.00	03:38.20	03:20.30	03:11.60	03:04.90	03:00.10
400 Individual Medley			08:06.00	07:50.00	06:47.80	06:33.70	06:21.80

Boys

	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15</u>	<u>16/OV</u>
50 Freestyle	00:48.20	00:46.20	00:38.70	00:35.40	00:33.10	00:31.90	00:30.20
100 Freestyle	01:53.30	01:49.30	01:26.60	01:18.70	01:14.10	01:11.80	01:08.30
200 Freestyle	04:08.00	04:00.00	03:08.30	02:53.40	02:43.40	02:35.50	02:29.80
400 Freestyle	08:06.00	07:50.00	06:48.60	06:12.20	05:53.30	05:36.50	05:25.30
800 Freestyle			13:07.40	12:47.40	12:08.50	11:34.00	11:11.00
1500 Freestyle			23:02.60	22:32.60	21:39.60	20:59.90	20:36.10
50 Breaststroke	01:02.40	01:00.40	00:53.90	00:50.10	00:46.00	00:42.30	00:40.60
100 Breaststroke	02:24.00	02:20.00	01:57.00	01:47.50	01:39.90	01:33.90	01:30.20
200 Breaststroke	04:58.00	04:50.00	04:13.30	03:53.10	03:38.30	03:25.40	03:16.00
50 Butterfly	01:08.20	01:06.20	00:46.80	00:43.20	00:41.10	00:37.90	00:36.30
100 Butterfly	02:24.00	02:20.00	01:45.20	01:39.00	01:32.20	01:27.30	01:23.70
200 Butterfly	05:06.00	04:58.00	03:56.80	03:30.20	03:15.00	03:04.10	02:55.40
50 Backstroke	00:56.20	00:54.20	00:46.40	00:44.10	00:40.80	00:37.90	00:37.00
100 Backstroke	01:53.30	01:49.30	01:38.10	01:29.60	01:24.30	01:19.90	01:16.30
200 Backstroke	04:23.00	04:15.00	03:40.60	03:21.10	03:09.00	02:59.90	02:52.60
100 Individual Medley	02:10.80	02:06.80	01:37.80	01:31.90	01:26.70	01:22.40	01:17.50
200 Individual Medley	04:28.00	04:20.00	03:43.00	03:25.10	03:13.50	03:03.60	02:56.30
400 Individual Medley			08:06.00	07:50.00	06:49.20	06:28.70	06:12.90

Qualification times must be achieved at a level 1,2,3 or 4 licensed meet between 1st January 2022 and 20th December 2022

Girls

	Freestyle				Back		Fly		Breast			IM		
	50m	100m	200m	400m	50m	100m	50m	100m		50m	100m		100m	200m
S1	02:23.0	07:04.4	11:15.6		03:51.1	07:37.8			SB1	03:50.9				
S2	02:13.1	06:09.3	10:52.6		01:54.4	04:17.4	03:57.6		SB2	02:26.2				
S3	01:36.8	03:00.4	06:48.4		01:37.1		02:15.5		SB3	01:47.4				
S4	01:26.2	02:59.5	06:39.1		01:31.3		02:54.6		SB4		03:25.3			
S5	01:05.5	02:22.8	05:12.1		01:17.0		01:19.4		SB5		03:12.6	SM5	02:49.2	06:16.0
S6	00:59.0	02:07.6		09:48.4		02:29.2	01:04.9		SB6		02:49.4	SM6	02:27.2	05:26.9
S7	00:57.3	02:04.1		09:12.5		02:24.3	01:02.9		SB7		02:45.9	SM7	02:23.1	05:17.7
S8	00:53.8	01:55.5		08:32.9		02:15.6		02:06.1	SB8		02:19.4	SM8	02:11.0	04:51.4
S9	00:50.0	01:48.8		08:12.1		02:00.2	01:58.7		SB9		02:15.2	SM9	02:01.5	04:30.2
S10	00:47.6	01:44.1		07:55.4		01:56.4	01:57.9					SM10	01:56.1	04:18.4
S11	00:54.2	02:02.0		09:35.7		02:24.8	02:33.3		SB11		02:37.3	SM11	02:15.0	05:00.5
S12	00:48.1	01:43.9		08:02.0		02:06.6	01:56.8		SB12		02:26.6	SM12	02:05.1	04:37.6
S13	00:48.3	01:43.6		07:57.0		02:03.9	01:57.7		SB13		02:16.8	SM13	01:56.6	04:18.9
S14	00:48.5	01:43.7	03:33.5	08:35.4		01:53.5	01:59.0		SB14		02:12.7	SM14	01:51.6	04:07.8
	Freestyle				Back		Fly		Breast			IM		
	50m	100m	200m	400m	50m	100m	50m	100m		50m	100m		100m	200m

Boys

	Freestyle				Back		Fly		Breast			IM		
	50m	100m	200m	400m	50m	100m	50m	100m		50m	100m		100m	200m
S1	02:31.9	04:35.3	12:57.6		02:24.3	04:56.6			SB1	03:19.3				
S2	01:45.5	04:09.8	07:29.1		01:42.9	03:42.3	04:05.1		SB2	01:43.0				
S3	01:17.5	02:53.2	06:05.8		01:27.0		02:27.2		SB3	01:26.7				
S4	01:07.3	02:27.8	05:17.9		01:17.6		01:18.6		SB4		02:47.2			
S5	00:59.3	02:10.4	04:40.2		01:07.4		01:02.2		SB5		02:40.4	SM5	02:42.0	06:00.6
S6	00:51.3	01:55.3		08:49.1		02:07.4	00:53.1		SB6		02:21.3	SM6	02:03.8	04:35.1
S7	00:48.3	01:47.6		08:27.6		02:05.8	00:54.9		SB7		02:14.0	SM7	02:02.9	04:32.8
S8	00:46.4	01:39.4		07:45.8		01:52.1		01:47.4	SB8		02:03.0	SM8	01:52.5	04:09.7
S9	00:44.8	01:37.2		07:26.2		01:50.9	01:43.3		SB9		01:57.3	SM9	01:48.0	04:00.5
S10	00:40.2	01:30.4		07:10.2		01:44.7	01:37.8					SM10	01:41.3	03:45.3
S11	00:45.6	01:41.9		08:05.3		01:58.3	01:47.4		SB11		02:07.0	SM11	01:55.7	04:16.9
S12	00:41.3	01:30.6		07:11.4		01:44.3	01:39.1		SB12		01:56.4	SM12	01:43.5	03:50.2
S13	00:41.2	01:30.4		07:11.2		01:43.9	01:39.3		SB13		01:56.0	SM13	01:43.4	03:49.9
S14	00:43.2	01:34.4	03:19.0	07:23.5		01:42.7	01:43.0		SB14		01:55.6	SM14	01:43.9	03:50.9
	Freestyle				Back		Fly		Breast			IM		
	50m	100m	200m	400m	50m	100m	50m	100m		50m	100m		100m	200m

Para swimmers can also enter all other events if they can achieve the qualification times.