

Schedule

Session 1

Sunday 18th September

Warm-Up 4.40pm / 5.00pm Start

| Event | Distance | Stroke | Gender | Age |
|-------|----------|------------|--------|-----------|
| 101 | 50m | Freestyle | Girls | Open |
| 102 | 50m | Freestyle | Boys | Open |
| 103 | 25m | Butterfly | Mixed | 9 & Under |
| 104 | 100m | Backstroke | Girls | Open |
| 105 | 100m | Backstroke | Boys | Open |
| 106 | 25m | Backstroke | Mixed | 9 & Under |
| 107 | 100m | Butterfly | Girls | Open |
| 108 | 100m | Butterfly | Boys | Open |

Session 3

Sunday 6th November

Warm-Up 4.40pm / 5.00pm Start

| Event | Distance | Stroke | Gender | Age |
|-------|----------|--------------|--------|-----------|
| 301 | 400m | IM | Mixed | 9 & Over |
| 302 | 25m | Freestyle | Mixed | 9 & Under |
| 303 | 50m | Butterfly | Girls | Open |
| 304 | 50m | Butterfly | Boys | Open |
| 305 | 25m | Butterfly | Mixed | 9 & Under |
| 306 | 200m | Breaststroke | Mixed | 9 & Over |

Session 5

Friday 9th December

Warm-Up 5.30pm / 6.00pm Start

| Event | Distance | Stroke | Gender | Age |
|-------|----------|-----------|--------|---------|
| 501 | 800m | Freestyle | Mixed | 10/Over |

Session 2

Sunday 9th October

Warm-Up 4.40pm / 5.00pm Start

| Event | Distance | Stroke | Gender | Age |
|-------|----------|--------------|--------|-----------|
| 201 | 50m | Backstroke | Girls | Open |
| 202 | 50m | Backstroke | Boys | Open |
| 203 | 25m | Breaststroke | Mixed | 9 & Under |
| 204 | 100m | Freestyle | Girls | Open |
| 205 | 100m | Freestyle | Boys | Open |
| 206 | 25m | Backstroke | Mixed | 9 & Under |
| 207 | 200m | IM | Mixed | 9 & Over |

Session 4

Sunday 20th November

Warm-Up 4.40pm / 5.00pm Start

| Event | Distance | Stroke | Gender | Age |
|-------|----------|--------------|--------|-----------|
| 401 | 400m | Freestyle | Mixed | 9 & Over |
| 402 | 25m | Backstroke | Mixed | 9 & Under |
| 403 | 50m | Breaststroke | Girls | Open |
| 404 | 50m | Breaststroke | Boys | Open |
| 405 | 100m | IM | Girls | Open |
| 406 | 100m | IM | Boys | Open |
| 407 | 200m | Backstroke | Mixed | 9 & Over |

Session 6

Sunday 11th December

Warm-Up 4.40pm / 5.00pm Start

| Event | Distance | Stroke | Gender | Age |
|-------|----------|--------------|--------|-----------|
| 601 | 200m | Butterfly | Mixed | 9 & Over |
| 602 | 25m | Freestyle | Mixed | 9 & Under |
| 603 | 100m | Breaststroke | Girls | Open |
| 604 | 100m | Breaststroke | Boys | Open |
| 605 | 25m | Backstroke | Mixed | 9 & Under |
| 606 | 200m | Freestyle | Mixed | 9 & Over |

A Squad - Should enter all events
B Squad - Should enter all 50m-100m events / 200m-400m with guidance from coach.
D Squad - Should enter all 25m / 50m with guidance from coach.



Swim England
 Affiliated Club

Club Championships 202