

ABC

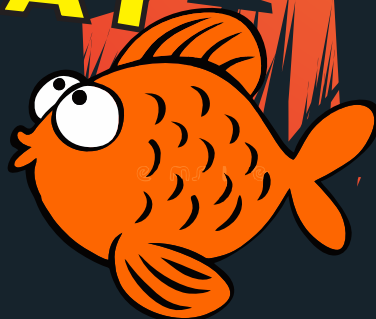
HALLOWEEN SPRINT

MEET 2023

Licensed Level 3  
Saturday 21st October

Sponsored By:

ANDY'S  
TAKEAWAY



## 1. General Conditions

- 1.1 Halloween Sprint Meet shall be run in accordance with ASA Laws and Technical Rules.
- 1.2 This competition is licensed at Level 3, license no: Applied For
- 1.3 Entries will be accepted from any Swim England 'Club Compete' (Cat2) Swimmer.
- 1.4 The competition shall include the following age groups for Female and Male/Open:  
9, 10, 11, 12, 13, 14 , 15 years and over
- 1.5 Upper limit times apply for entry to this event and are shown on page 6 of these conditions, entries from swimmers without times will be accepted and will be seeded automatically by the SportSystem software.
- 1.6 Qualifying times can be achieved at a level 1, 2, 3 4 or 'Level X' licensed meet. Coaches times will not be accepted.
- 1.7 All events will be swum as 'Heat Declared Winner' in mixed age groups, seeded by entry time. All heats shall be spearheaded.
- 1.8 To ensure smooth running of the event each competitor may enter a maximum of 4x50m Events and 2x100m Events
- 1.9 Age Groups will be separated for results and awards purposes.
- 1.10 Results will be published in time order.
- 1.11 The entry fee will be £5.00 per event for electronic entries using SportSystems entry file, Paper entries will not be accepted. Individual entries can be made on our website: [www.barrowasc.co.uk](http://www.barrowasc.co.uk) priced at £5.50 per event + £3.00 administration charge.
- 1.12 Closing date for entries shall be Monday 2nd October 2023 or when the meet is full. Events with fewer than 3 total entries in either boys/girls category will be removed from the programme. Entries should be received along with fees to the competition organiser by the closing date. Late entries may be accepted at the discretion of the Competition Organiser. Poolside, improved entries will not be accepted.
- 1.13 In the event of any session being oversubscribed, swimmer numbers will be reduced by rejecting entries from the fastest swimmers of each age group from events selected at the discretion of the Competition Organiser.



- 1.14 Refunds will only be given:  
Where entrants are denied entry because the number of entries has been restricted in the interest of safety or to ensure the smooth running of the competition.  
Where a competitor has to withdraw on proven medical grounds.
- 1.15 Age on the day will be as of October 21st 2023.
- 1.16 Any matters not covered in these conditions or any supplementary information will be at the discretion of the Competition Organiser.
- 1.17 The Competition Organiser is Mark Ralph; e-mail address [markrswim@gmail.com](mailto:markrswim@gmail.com), mobile 07793-325179
- 1.18 Cheques should be made payable to: Barrow Amateur Swimming Club and sent to:  
Diane Armstrong  
Pear Tree Cottage  
Roosebeck  
Ulverston  
Cumbria LA12 0RF  
e-mail: [secretary@barrowasc.co.uk](mailto:secretary@barrowasc.co.uk)
- 1.19 Entry fees can also be paid by arranging a BACS transfer; details will be provided on request.
- 1.20 By entering the gala, each parent/swimmer agrees that the following data will be held on the clubs meet management software and after the event the data along with results will be submitted to British Rankings.  
(Family Name, Given Name, Date of Birth, Age, ASA Number, Club)



## 2. Awards

- 2.1 Medals will be awarded to the first 3 swimmers in each age group in each event. (9, 10, 11, 12, 13, 14 , 15 years and over)

## 3. Meet Procedures

- 3.1 Electronic entry file to be emailed to the competition organiser. - [markrswim@gmail.com](mailto:markrswim@gmail.com)
- 3.2 Individual entries can be made on the club website [www.barrowasc.co.uk](http://www.barrowasc.co.uk)
- 3.3 Draft programme will be posted on the club website. <http://www.barrowasc.co.uk>

- 3.4 Clubs will be advised of the entries stored by the meet management software as soon as possible after the closing date for the competition. It is the responsibility of Each club Competition Secretary to check the accuracy of the entries to allow any necessary corrections to be made. The final gala programmes will be produced as a result of any corrections that are received.
- 3.5 Withdrawals will be accepted until the start of the warm up for each session. There will be no refund of entry fees.
- 3.6 Any withdrawals after the closing deadline will result in heats being swum with empty lanes.
- 3.7 Any swimmer who has previously withdrawn can be reinstated before the appropriate closing deadline without penalty.
- 3.8 Heat Start Lists will be made available to clubs as soon as possible after the commencement of the warm-up of each session.
- 3.9 Swimmers must present themselves to the Competitors Stewards one event prior to the one in which they are competing. **It is the swimmer's responsibility to be at the start in time for their race.**
- 3.10 The time of warm up for the session will be 1.00pm unless otherwise notified prior to the meet.
- 3.11 A strobe light is available on the timing system.
- 3.12 The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is Female

#### 4 Spectators and Coaches

- 4.1 Spectators will be allowed subject to local restrictions Entry will be £5.00 and £3 for children , this includes seated areas and café.
- 4.2 Coaches passes can be purchased, charged at £5.00 per coach and can be purchased at a ratio of 1 pass per 10 swimmers up to a maximum of 4 for each club.
- 4.3 All coaches must hold current DBS and Safeguarding certificates, each club maybe asked to provide a signed deceleration from the clubs welfare officer to confirm this is the case.
- 4.4 The meet program will be available in electronic format on the club website <http://www.barrowasc.co.uk>
- 4.4 Meet / Heat sheets will be available to purchase at the end of the warm-up priced at £0.50..



## 5 Facilities

- 5.1 Events to be swam in a 25m SC Pool with Anti-Wave ropes.
- 5.2 Colorado 'Gen 7' Timing system to be used in conjunction with SportsSystem software.
- 5.3 Event to take place @ Barrow Park Leisure Center, Greengate St, Barrow-in-Furness, Cumbria LA13 9DT

## 6 Photopgraphy

- 6.1 Spectators may not take photographs or video unless it is for proven educational use (GCSE course work etc.) , permission must be granted by the competition organiser and referee
- 6.2 Barrow ASC will employ an official photographer for the event, photos will be published online to purchase after the event. (password protected)





Event 101	Female	9 Years/Over	50m	Backstroke
Event 102	Male/Open	9 Years/Over	50m	Backstroke
Event 103	Female	9 Years/Over	100m	Breaststroke
Event 104	Male/Open	9 Years/Over	100m	Breaststroke
Event 105	Female	9 Years/Over	50m	Freestyle
Event 106	Male/Open	9 Years/Over	50m	Freestyle
Event 107	Female	9 Years/Over	100m	Individual Medley
Event 108	Male/Open	9 Years/Over	100m	Individual Medley
Event 109	Female	9 Years/Over	50m	Butterfly
Event 110	Male/Open	9 Years/Over	50m	Butterfly
Event 111	Female	9 Years/Over	100m	Backstroke
Event 112	Male/Open	9 Years/Over	100m	Backstroke
Event 113	Female	9 Years/Over	50m	Breaststroke
Event 114	Male/Open	9 Years/Over	50m	Breaststroke
Event 115	Female	9 Years/Over	100m	Freestyle
Event 116	Male/Open	9 Years/Over	100m	Freestyle

# SCHEDULE

Maximum of 4x50m and 2x100m Events per competitor.



# HALLOWEEN SPRINT MEET



## FEMALE

Event	09	10	11	12	13	14	15/OV
50 Freestyle	00:32.00	00:31.00	00:30.00	00:29.00	00:28.00	00:27.50	00:25.70
100 Freestyle	01:05.00	01:04.00	01:03.00	01:02.00	01:00.20	00:59.20	00:56.40
50 Breaststroke	00:42.00	00:40.00	00:38.00	00:37.00	00:35.00	00:34.00	00:32.00
100 Breaststroke	01:21.00	01:19.30	01:18.70	01:17.50	01:16.00	01:15.40	01:10.50
50 Butterfly	00:36.00	00:34.00	00:32.50	00:31.00	00:30.00	00:29.00	00:27.70
50 Backstroke	00:35.00	00:34.00	00:32.50	00:31.00	00:30.00	00:29.00	00:28.90
100 Backstroke	01:12.00	01:11.00	01:10.20	01:09.50	01:06.70	01:04.80	01:02.10
100 Individual Medley	01:26.00	01:20.00	01:17.00	01:14.00	01:10.00	01:08.00	01:04.00

## MALE/OPEN

Event	09	10	11	12	13	14	15/OV
50 Freestyle	00:31.00	00:30.00	00:29.00	00:28.00	00:27.00	00:25.50	00:22.70
100 Freestyle	01:03.00	01:01.40	01:00.20	00:59.40	00:57.85	00:55.70	00:50.90
50 Breaststroke	00:40.00	00:39.00	00:38.00	00:36.00	00:34.00	00:32.00	00:28.60
100 Breaststroke	01:21.00	01:19.00	01:18.00	01:17.00	01:14.40	01:10.50	01:04.50
50 Butterfly	00:36.00	00:34.00	00:32.50	00:31.00	00:30.00	00:29.00	00:28.00
50 Backstroke	00:35.00	00:34.00	00:33.00	00:31.00	00:30.50	00:29.50	00:27.00
100 Backstroke	01:10.00	01:08.70	01:07.00	01:05.50	01:04.90	01:01.50	00:58.00
100 Individual Medley	01:25.00	01:18.00	01:14.00	01:10.00	01:05.00	01:03.00	01:01.00



\*Swimmers must not have faster times \*as per condition 1.5\*

# UPPER TIME LIMITS

