

31st Bill and Monica Griffin Gala

Saturday, March 14th, 2026
Level 3 Licenced Gala – (Applied For)
Copeland Pool And Fitness Centre
Cleator Moor Rd, Whitehaven CA28 8RW

1. General Conditions

1.1 The Bill and Monica Griffin Gala will be held on **Saturday, March 14th, 2026** and shall be run in accordance with ASA Laws and Technical Rules

1.2 The competition shall consist of the following age groups for each sex:

- **9, 10, 11, and 12 years olds.**

1.3 The entry fee is **£5.00 per event.**

1.4 Age on the day will be as of **Saturday, March 14th, 2026.**

1.5 The closing date for entries will be **Saturday, February 28th, 2026.**

1.6 This event will be licensed by ASANWR at Level 3.

1.7 Entries to the meet will be held on computer and consent, as required by the Data Protection Act 2018, to the holding of personal information on computer will be deemed to have been given by the submission of an entry.

You agree that we may publish your Personal Information as part of the results of the competition. Your information will only be shared in relation to your participation in the event, e.g. the list of entrants, results and event reports and may be shared on the Copeland ASA website, social media pages or in emails sent by the organiser. We may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Information may include but not be limited to name, club affiliation, race times, age category and para swimming classification(s).

1.8 Para swimmers will be accepted for all events. All competitors must indicate their disability classification OR provide a valid Certificate of Disability issued by the ASA at the time of entry.

1.9 Competition format:

- The competition format will be based on disability inclusion within the able-bodied programme.
- All swimmers will be seeded in the heats according to their entry times.
- Para swimmers will be included within the results for their age group.
- There will be no separate results for para swimmers.
- Personal Care Attendants/Coaches will be permitted for all para swimmers and they must conform to the Swim England child protection procedures

1.10 There are no qualifying times for this competition. Upper limit times will apply for all events i.e. a swimmer who has a recorded time faster than the upper limit time cannot compete. See section 5 below.

1.11 The event schedule is shown in Section 2 below.

1.12 All individual events will be swum as 'Heat Declared Winner' in mixed age groups, seeded by entry time.

1.13 All heats shall be spearheaded.

1.14 Results will be published in time order.

1.15 Over the top starts will be in operation during this competition.

1.16 A maximum of four poolside passes per club will be available at a cost of £6.00 each, unless more passes are required to meet the policies listed below. Only pass holders, swimmers and officials will be allowed on poolside. It is mandatory that all coaches and team managers comply with the relevant Swim England Policies

- Child Protection Procedures,
- Valid and up to date DBS Certificates,
- Team Manager Coach and Chaperone Policy

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- 1.17 Copeland ASC reserves the right to restrict entries in the interests of safety, time constraints and to ensure the smooth running of the competition. Where this rule is invoked the entries will be on a first come first served basis. Subsequently swimmers with the most entries shall take precedence and the events chosen, if any, will be at the discretion of the Competition Organiser.
- 1.18 Refunds will only be given;
- Where entrants are denied entry by the gala organiser as per condition 1.17,
 - Where a competitor has to withdraw on proven medical grounds.
- 1.19 The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is Female.
- 1.20 Any matters not covered in these conditions or any supplementary information will be at the discretion of the Competition Organiser.
- 1.21 The preferred method of payment is Bank transfer to the following account
 Nat West Bank
 Account No 77338391
 Sort Code 01-09-54
- Cheque payments to the following address please
 Copeland ASC Gala Entries,
 8 Millers Walk,
 Cleator, Cumbria,
 CA23 3BP.
- 1.22 Competition organiser:
 Andy Sutton
 Email – copelandchair5@gmail.com
 Phone – 07828033285

2. The Events

Session 1 warm-up will commence at 9.00am for a 10.00am start.

Event 1	Male/Open 9-12 years	50m Backstroke
Event 2	Female 9-12 years	100m Individual Medley
Event 3	Male/Open 9-12 years	50m Breaststroke
Event 4	Female 9-12 years	50m Freestyle
Event 5	Male/Open 9-12 years	50m Butterfly

Session 2 warm-up will commence at 1.30pm for a 2.30pm start (to be confirmed on the day)

Event 6	Female 9-12 years	50m Backstroke
Event 7	Male/Open 9-12 years	100m Individual Medley
Event 8	Female 9-12 years	50m Breaststroke
Event 9	Male/Open 9-12 years	50m Freestyle
Event 10	Female 9-12 years	50m Butterfly

3. Meet Procedures

- 3.1 Entries must be received no later than Saturday, February 28th, 2026. Clubs will be advised of the entries stored by the meet management software as soon as possible after the closing date for the competition. It is the responsibility of each club Competition Secretary to check the accuracy of the entries to allow any necessary corrections to be made. The final gala programmes will be produced as a result of any corrections that are received.
- 3.2 **Entries to be submitted using the Sportsystems entry file**, which will be available from the Competition Organiser.

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- 3.3 A withdrawal system will be in operation. This means that a swimmer will be assumed to be competing in the events in which they have entered unless they have informed the Competition Manager of their withdrawal from any/all events. The closing deadline for withdrawals will be the start of the warm-up for each session.
- 3.4 Any withdrawals after the closing deadline will result in heats being swum with empty lanes.
- 3.5 Any swimmer who has previously withdrawn can be reinstated before the closing deadline.
- 3.6 Heat Start Lists will be made available to clubs as soon as possible after the commencement of the warm-up of each session.
- 3.7 Swimmers must present themselves to the Competitors Stewards one event prior to the one in which they are competing.

4. Trophies and Medals

- 4.1 Age Groups will be separated for results and awards purposes.
- 4.2 Medals will be awarded for the top three places in each event and age group.
- 4.3 Points will be scored for all events by the first 6 swimmers and trophies will be presented to the boy and girl in each age group that have gained the most points at the end of the gala.
- 4.4 The overall best boy and overall best girl (based upon times of all events) will hold the Bill Griffin and the Monica Griffin Trophies respectively for one year.

5. Upper limit Times

	9-year-old		10-year-old		11-year-old		12-year-old	
	Male/Open	Female	Male/Open	Female	Male/Open	Female	Male/Open	Female
100m IM	1:23.0	1:23.2	1:16.9	1:18.7	1:11.0	1:13.7	1:06.1	1:07.8
50m Freestyle	32.5	32.6	30.4	30.4	28.9	28.7	25.9	27.7
50m Backstroke	36.8	36.5	35.3	34.5	32.6	33.4	30.6	31.1
50m Breaststroke	41.8	42.6	37.3	39.3	35.4	36.3	32.1	34.9
50m Butterfly	35.3	36.6	32.3	33.4	31.9	29.2	28.7	29.2